



# Epilepsy Link

ISSUE No. 1/2019



A bi-monthly publication by Epilepsy Care Group (Singapore)

www.epilepsycare.org

## 24<sup>TH</sup> Executive Council 2018/19

### OFFICE BEARERS

#### President

Dr Choong Chew Thye

#### Vice President

Diana Koh Hwee Hoon

#### Honorary Secretary

Goh Keng Hwee S S

#### Assistant Secretary

Tan Jun Long

#### Honorary Treasurer

David Tan Zheng Yuan

#### Assistant Treasurer

Lee Soon Chua

#### Welfare Officer

Chan Wen Ting

### COMMITTEE MEMBERS

Ang Wei Jie

Goi Ming Ying

Calvin Koh Chin Khoo

Dr Leong Wei Shin

Mdm Mok Wai Pun

### BOARD OF CONSULTANTS

Prof Michael Chee Wei Liang

Dr Lim Kim Whee

Dr Adrian Wang Chee Cheng

Dr Vijayan Loganathan

### LEGAL ADVISOR

Anand Nalachandran

### Editorial Subcommittee

Goh Keng Hwee S S

Diana Koh Hwee Hoon

Chan Wen Ting

### Executive Director/ Epilepsy Counsellor

Goh Keng Hwee S S

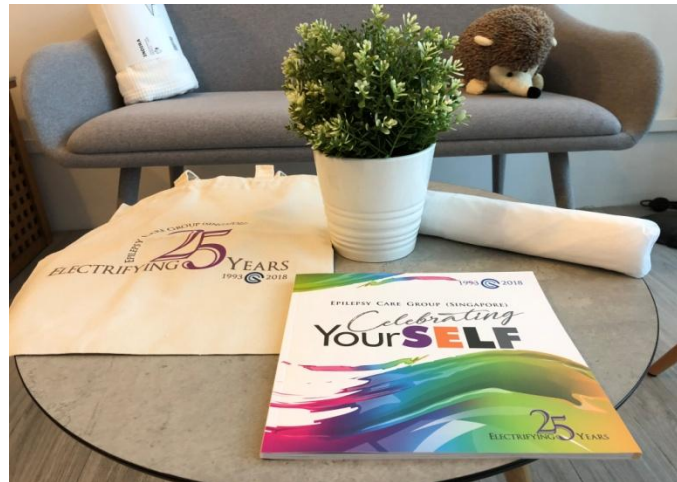


## Editor's Note

As we look forward to 2019, let us help you get organised for the year ahead with a very special limited edition ECG umbrella, ECG tote bag, and our souvenir magazine, all commemorative items of our 25<sup>th</sup> Anniversary. Grab them fast!

For all three items - \$25

Individual items - Umbrella @\$10; Tote Bag @\$5; souvenir magazine @\$20



All of us at Epilepsy Care Group wish you peace and joy during this special season of celebration, and a Happy New Year!



## International Epilepsy Day

### Epilepsy is more than seizures!

International Epilepsy Day is a special event which promotes awareness of epilepsy in more than 120 countries each year. In 2019, International Epilepsy Day falls on Monday, 11 February, and people join together to celebrate and highlight the problems faced by people with epilepsy, their families and carers. This is a day for everyone!

Advocacy

Education

Information

Support



# ECG News and Upcoming Events



Be an ECG Flag Day

## Ambassador

on Saturday, 26 January 2019  
and help epilepsy patients

Make a  
Donation

- ◆ tin bearers needed at various locations island-wide.
- ◆ Three shifts to choose from  
(8.30am-12.30pm, 12pm-4pm, 3.30pm-7.30pm)



Your help is really needed for ECG's 17<sup>th</sup> Flag Day! We believe that with your help, this Flag Day would be a successful one as we strive to seek not only to raise funds but at the same time, to educate the public about epilepsy. Together, let's make a real difference this time!

If you are keen to volunteer and would like more information, please contact us NOW. Alternatively, you can send a crossed cheque payable to "Epilepsy Care Group (Singapore)" with your name and NRIC No.

ECG members would also receive a \$10 FairPrice voucher for every \$150 raised, so volunteer now!

## Lunar New Year Party



Join us in celebrating the Year of the Pig!

**When/Time:** Sunday, 17 February 2019/4-8pm  
**Venue:** Medical Alumni Association 2 College Rd  
**Cost:** S\$10  
(including buffet dinner, lucky draw and games)



The 33<sup>rd</sup> International Epilepsy Congress, organised jointly by the International League Against Epilepsy (ILAE) and the International Bureau for Epilepsy (IBE), will be held in Bangkok, Thailand from the 22-26 June 2019. The Congress venue is at Centara Grand & Bangkok Convention Centre at CentralWorld.

## Chinese New Year Shopping in Malacca

**Meeting Time:** 7 am  
**Meeting Place:** In front of Jalan Besar CC  
**Cost:** S\$100 twin-sharing  
(inclusive of 1-Night accommodation with breakfast)  
**Depart from SG:** Saturday, 12 January 2019, 7.30am  
**Arrive in SG:** Sunday, 13 January 2019, 8pm  
**Closing Date:** 28 December 2018

## Life Begins...When You Dare!



Looking for something new and exciting to spice up your life? ECG Community Row is your answer! Come experience dragon boating and sweat it out with fellow members of the epilepsy community on:

**When :** Saturday, 2019: Jan 5, 19; Feb 16, 23  
**Time :** 4pm  
**Where :** Kallang Watersports Centre

**Registered Charity No.**  
ROS 226/95 WEL CA1204  
**Ministry of Health IPC No.:**  
HEF0043/G

Save our Forests! Save Paper -  
Print only if absolutely necessary.

**Contact**  
Telephone: 63580566  
Email: [ecgs93@singet.com.sg](mailto:ecgs93@singet.com.sg)

**Address**  
2 Kallang Avenue #08-08 CT Hub  
Singapore 339407

**Operating Hours**  
Mondays - Fridays: 9am to 6pm  
Saturdays: Strictly By Appointments Only

Advocacy

Education

Information

Support