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Editor Writes . . .

Epilepsy Care Group (Singapore) (ECG) celebrated its 25th Anniversary on 23 November 2018 with a celebration dinner at the NUSS. 100 people attended the event. It was a symbolic gathering of everyone in the epilepsy community coming together in an inclusive manner, asserting that we belong to the larger community in society.

It was also a time to thank everyone for all the support that ECG has received over more than two decades. As I reflected in retrospect, I feel we are to be conscious that when we volunteer, there are different degrees of care, levels of services and sense of belonging.

First, as individuals, we volunteer our skills and time. Second, as individuals, we volunteer within the context of that core program's interest group. Third, as a specific healthcare group, we volunteer within the ECG community. Fourth, as a social service organisation, we volunteer within the context of society. It is thus important that good synergy and an inclusive attitude be cultivated.

Otherwise, it is easy for an individual and sub-group to drift backwards and degenerate into an exclusive interest group. No one interest group is better or more important than others. For example, without the inclusive synergy as exhibited in the planning of the 25th Anniversary Celebration or ECG's annual flag day (into its 17th year), there will inevitably be confusion and unpleasantness.

And so, on behalf of ECG, I would like to thank every volunteer-member, who helped, especially for events. Clearly, without the dedication and committed volunteers whose labour of love and services keep the ECG going and growing, we would not be where we are today.

Epilepsy Care Group wishes all our Christian members and friends a Blessed Easter full of the hope that is yet to be!





ECG News and Upcoming Events



ECG's 17th Flag Day was held on 26 January 2019. The Flag Day Committee led by Chairperson Calvin Koh would like to thank all volunteers – members, students, teachers, donors and friends for making it possible.

Thank you once again and we look forward to your support again in 2020!

VP Diana Koh presented the following persons with a token of appreciation at the Chinese New Year Get-together on 17 February 2019.

They are:

1. Mdm Elizabeth Kee, who collected \$371.10
2. Mdm Mok Wai Pun, who collected \$266.05



ECG is pleased to announce that the 33rd International Epilepsy Congress (IEC) will be held in Bangkok, Thailand from the 22-26 June 2019 at Centara Grand & Bangkok Convention Centre in CentralWorld. One of the highlights is the International Golden Light Awards which sets out to help young PWE grow in independence and to develop the skills and qualities necessary to have a happy and productive life.

Journey to a place of wondrous legends – Haw Par Villa

Haw Par Villa – formerly known as the Tiger Balm Garden is an Asian cultural park, the last of its kind in the world. Built in 1937, Singapore's largest outdoor art gallery is the brainchild of Aw Boon Haw, the millionaire philanthropist and marketing extraordinaire who gifted the world Tiger Balm. The eclectic park is a treasure trove of Asian culture, history, philosophy and religion – quirky yet enlightening at the same time.

When : Saturday, 6 April 2019

Meeting Point: Haw Par Villa Station CC25 (Circle Line)

Time: 2 pm

Life Begins...When You Dare!



Looking for something new and exciting to spice up your life? ECG Community Row is your answer! Come experience dragon boating and sweat it out with fellow members of the epilepsy community on:

When : Saturday, 2019: March 23, 30; April 20, 27

Time : 4pm

Where : Water Sports Centre (Sports Hub)

Registered Charity No.
ROS 226/95 WEL CA1204
Ministry of Health IPC No.:
HEF0043/G
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