



# Epilepsy Link

A NEWSLETTER OF THE EPILEPSY COMMUNITY IN SINGAPORE

top three collectors are:  
 Ir Hong Ming Khim - \$304.65,  
 Ir Leong Khai Tong - \$164.85,  
 Is Yvonne Li - \$158.65.



## Let's Talk about Epilepsy Sharing Session, Appreciation Ceremony

Congratulations to our top achievers for the following projects:

### #50 Million Steps

Koh Ah Yan

### ECG's 21st Flag Day 2023

Hong Ming Khim  
 Leong Khai Tong  
 Yvonne Li

Each received a token of appreciation from ECG president, Dr Choong Chew Thye on 8 July 2023.

Some thirty members attended a sharing session on 'Let's Talk about Epilepsy' hosted by ECG. The programme started with a welcome address by the vice-chair of ECG training & education subcommittee, Dr Leong Wei Shin. ECG president and neurologist Dr Choong Chew Thye then shared on the WHO's implementation of the 10-year Intersectoral Global Plan on Epilepsy and Other Neurological Disorders (IGAP). ECG vice-president and medical social worker elaborated on an extensive range of social care access in Singapore that could be tapped by every citizen and person with epilepsy. Lastly, Patrick Soh, a council member and a caregiver shared on how he overcame the stigma of epilepsy from the care of his daughter.

Many members asked questions during the Q&A session.

*Save The Date!*

**CELEBRATING YOUNG PEOPLE WITH EPILEPSY**

In advance of UN International Youth Day 2023, join the International Bureau for Epilepsy to:

- Learn more about our Youth Programme
- Follow the personal journeys of our inspiring Global Youth Team Members
- Meet some of our 2023 International Golden Light Award Winners
- Have your say on priorities for Young People with Epilepsy
- Help us shape our future epilepsy youth initiatives
- Get involved in our network of young people with epilepsy worldwide

**Saturday 29 July 2023**  
 7.30 am New York/Santiago  
 12.30 pm London  
 1.30 pm Madrid  
 5.00 pm Delhi  
 9.30 pm Melbourne


Simultaneous Spanish translation will be available.  
 Habrá traducción simultánea al español.

**> REGISTER NOW** [IBEYouthWebinar](#)

Spread the word, and follow our social media channels for agenda updates

@IBESocialMedia  
 @YEAHepilepsy  
 @international\_bureau\_epilepsy

**IBE** International Bureau for Epilepsy



**Sherman KH Goh appointed to the IBE Community Council**



The responsibilities of the Community Council include:

Provide leadership in community engagement and advocacy in co-designing IBE's annual work programme and its associated projects.

Provide advice and input into community issues relating to IBE's strategy planning, policy, campaigns, program development and evaluation.

Provide community input into IBE's resources, online content, publications and presentations.

Provide advice/insights to IBE, relevant councils, commissions and taskforces, and external partners of IBE with appropriate support and training.

**35th International Epilepsy Congress  
 2-6 Sep 2023  
 Dublin, Ireland**

See you at the 35th International Epilepsy Congress in Dublin, Ireland!



Reports and Upcoming Activities

**14th Asia Pacific Orchid Conference Singapore**

Explore a wonderland of orchid displays, showcasing heritage orchids and award-winning varieties!

**When:** 19 August 2023  
**Where:** S'pore Expo Hall 2  
**Time:** 10am to 9pm

Grab your free tickets from ECG now!



**PRESIDENT'S CHALLENGE 2023 FUNDRAISING CONCERT**

**When:** 10 Sep 2023  
**Where:** ITE College Central, 2 Ang Mo Kio Drive S 567720  
**Time:** 5pm to 8pm

Dinner will be provided. Limited tickets. Get yours now!

**ECG 28th Annual General Meeting**

If you are an ECG member (membership fully paid to date), join us for our 28th Annual General Meeting to make your voice heard and share suggestions and ideas for our future work.

**When:** 16 September 2023  
**Where:** ECG  
**Time:** 3pm to 5pm

Refreshments will be provided. Attendance at this AGM will entitle members to a special rate for ECG 30th Anniversary Celebration.

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**ECG Dragon Boat Community Row**

Calling all persons with epilepsy, and their families! Come row with us in our Community Row on at the Kallang Water Sports Centre. Let's take this opportunity to build rapport and renew friendship with the epilepsy community. Dinner will be provided.

**When:** 5 August 2023.  
**Time:** 4pm to 6pm



**ECG 30th Anniversary "Connecting Caregivers. Empowering Together"**

This October marks 30 years since ECG first set out to address the needs and concerns of people with epilepsy and their caregivers. In celebration of this milestone, we want to appreciate the caregivers who tirelessly carry out emotional work for their loved ones with epilepsy. Come celebrate with us. Mark the date and we'll see you there!

**When:** Friday, 27 Oct 2023  
**Time:** 7pm to 10pm  
**Where:** Carlton Hotel  
**Cost:** \$50.00

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# *The Back Page*

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## **EXPLORING EPILEPSY AND THE FAMILY**

For young people with epilepsy, the role of family is crucial to support their development and allow them to reach their true potential. Ahead of the UN International Day of Families, the IBE Global Youth Team asked their families about their experiences supporting loved ones with epilepsy.

Youth Team members then produced a report outlining their findings and making some important recommendations for the epilepsy community and beyond.

***Support us.  
Make a donation!***

UEN: SS95SS0164F

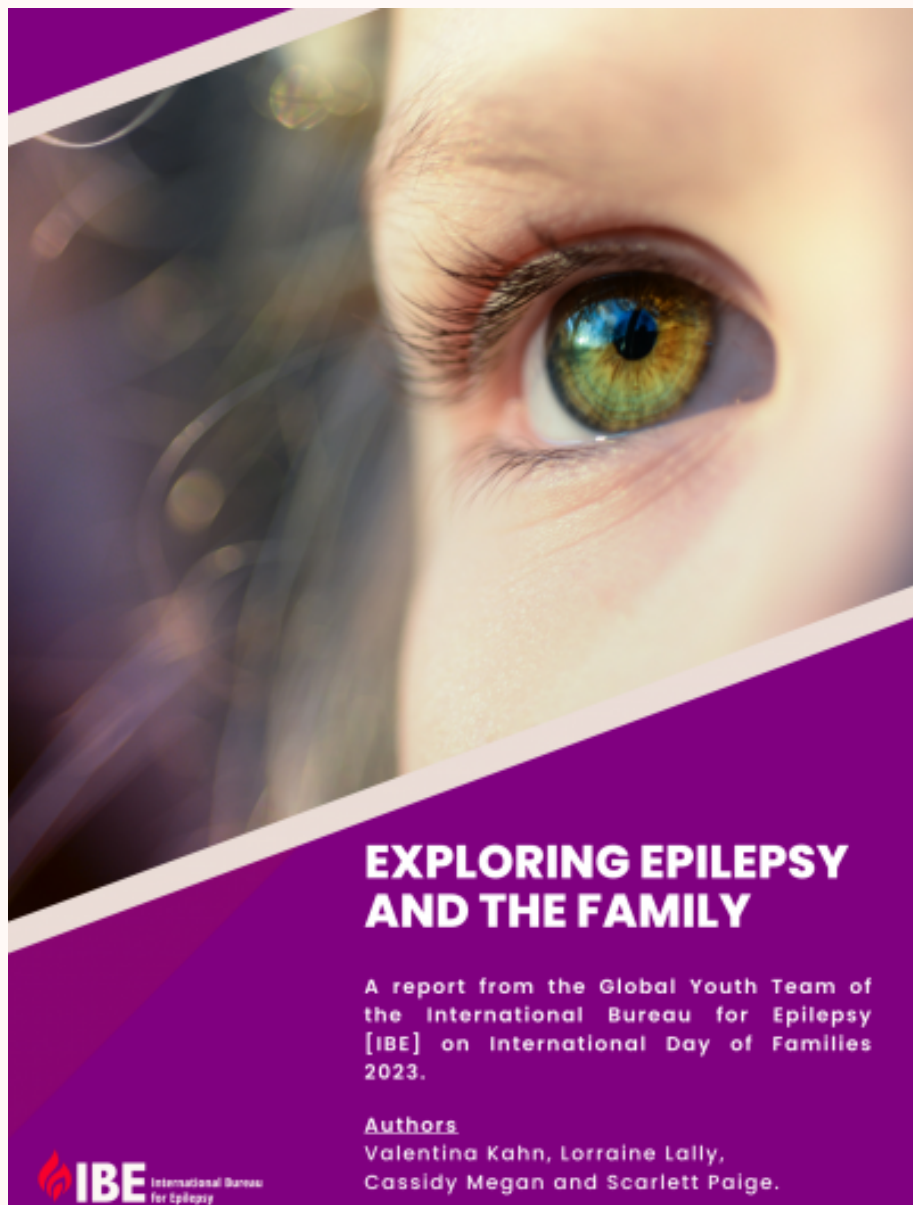
or write a cheque  
payable to:

**EPILEPSY CARE GROUP  
(SINGAPORE)**

**Epilepsy Care Group  
(Singapore)**

**3779 Jalan Bukit Merah  
#02-03 Bukit Merah  
Community Hub  
Singapore 159462  
Tel: 63580566**

EPILEPSY LINK



## **EXPLORING EPILEPSY AND THE FAMILY**

A report from the Global Youth Team of the International Bureau for Epilepsy [IBE] on International Day of Families 2023.

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