ANNUAL REPORT 2023

Reset
Recharge
Reconnect

Epilepsy Care Group (Singapore)
The flower lavender symbolises isolation and loneliness, often associated with epilepsy. People with epilepsy may feel isolated due to the fear of having a seizure when they are with others, and fear of the reactions of others. This social isolation can lead to loneliness for some, and feeling lonely can also lead to social isolation.

The tagline, 'Reset. Recharge. Reconnect' points members to a new beginning and encourages them to seek to reclaim post-pandemic normalcy. The travails of normalcy need to be battled every day by all of us.
# CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Corporate Information</td>
<td>2</td>
</tr>
<tr>
<td>Diary of Events</td>
<td>4</td>
</tr>
<tr>
<td>Message from the President</td>
<td>5</td>
</tr>
<tr>
<td>Message from the Vice-President</td>
<td>7</td>
</tr>
<tr>
<td>Message from the Executive Director</td>
<td>8</td>
</tr>
<tr>
<td>Minutes of the 27th Annual General Meeting</td>
<td>10</td>
</tr>
<tr>
<td>Secretaries’ Report</td>
<td>19</td>
</tr>
<tr>
<td>Subcommittees’ Reports</td>
<td>26</td>
</tr>
<tr>
<td>Exchange Programme in Bangkok, Thailand</td>
<td>31</td>
</tr>
<tr>
<td>Statement by the Management Committee</td>
<td>32</td>
</tr>
<tr>
<td>Independent Auditor’s Report</td>
<td>35</td>
</tr>
<tr>
<td>Statement of Financial Position</td>
<td>37</td>
</tr>
<tr>
<td>Statement of Financial Activities</td>
<td>38</td>
</tr>
<tr>
<td>Statement of Changes in Fund</td>
<td>39</td>
</tr>
<tr>
<td>Statement of Cash Flows</td>
<td>40</td>
</tr>
<tr>
<td>Notes to the Financial Statements</td>
<td>41</td>
</tr>
<tr>
<td>Donors Honour Roll</td>
<td>65</td>
</tr>
</tbody>
</table>

Copyright @2023 Epilepsy Care Group (Singapore)
All rights reserved. No part nor entirety of this report may be reproduced or transmitted in any form or by any means, or stored in any retrieval system of any nature without prior written permission of Epilepsy Care Group (Singapore).
CORPORATE INFORMATION

Established in October 1993, Epilepsy Care Group (Singapore) (ECG) is a social service agency that addresses the needs and concerns of people with epilepsy, their families and those in the community directly affected by the condition.

ECG is registered under the Societies Act, Chapter 311 on 12 December 1995 and Charities Act, Chapter 37 on 2 October 1996 and is domiciled in the Republic of Singapore. ECG is an approved Institution of a Public Character (IPC) from 9 August 2022 to 8 August 2025.

ECG has a Constitution as its governing instrument.

ECG is governed by the Executive Council, which is a governing body responsible in providing strategic direction and oversight of its programmes and objectives and steering it towards fulfilling its vision and mission through good governance. Reporting to the Executive Council are Sub-Committees that look into specific areas.

ECG is also headed by an Executive Director who was appointed to position since 1 June 2000.

Dr CHOONG Chew Thye

Diana KOH Hwee Hoon

Sherman GOH Keng Hwee

ANG Wei Jie

TAN Zheng Yuan

KOH Chin Khoon

GOI Ming Ying
CORPORATE INFORMATION

Registered Office
3779 Jalan Bukit Merah
#02-03 Bukit Merah Community Hub
Singapore 159462
Tel: (65) 6358 0566
Email: ecgs93@singnet.com.sg
Website: www.epilepsycare.org

Auditor
Tan, Chan & Partners
Certified Public Accountants
26 Eng Hoon Street
Singapore 169776
Tel: (65) 65337393 Fax: (65) 65336831
Website: www.tanchan-cpa.com

Principal Banker
United Overseas Bank Limited
1 Park Road #01-01/02
People’s Park Complex
Singapore 059108
Tel: (65) 6535 3444 Fax: (65) 6535 0956

Affiliates
International Bureau for Epilepsy (IBE)
(Founded in 1961, US Charter ID 721834-DNP)
Tax exempt status: 501 (c) (3) EID 59: 2606654

c/o CT Corporation
1015 15th Street
NW Suite 1000,
Washington DC 20005, USA
Tel: (353) 86 891 4046
Email: donnawalsh@ibe-epilepsy.org
Website: www.ibe-epilepsy.org

(ECG is an IBE Member since February 1998)

National Council of Social Service
170 Ghim Moh Road #01-02
Singapore 279621
Tel: (65) 6210 2500 Fax: (65) 6468 1012
Website: www.ncss.org.sg

(ECG is a NCSS Member since 1 May 2014)

Council Members

Dr LEONG Wei Shin

Patrick SOH Guan Eng

Hayden TAN Hui Wen

Calvin Schaffer ZHONG

June CHONG Chung Lan

Board of Consultants

Prof Michael CHEE Wei Liang
Dr LIM Kim Whee
Dr Adrian WANG Chee Cheng
Dr Vijayan LOGANATHAN

Executive Director/
Epilepsy Counsellor

Sherman GOH Keng Hwee
DIARY OF EVENTS

2022

23-24 July
Step Out to Malacca Trip

6 August
ECG 20th Flag Day (Digital)

27 August
ECG 27th Annual General Meeting

19 November
14th Asian Oceania Epilepsy Congress - Epilepsy & Society Symposium (Virtual)

2023

9 January - 13 February
50 Million Steps

28 January
Lunar New Year Gathering

18 March
ECG 21st Flag Day (Physical)

10 April
Exchange Programme Trip to Bangkok, Thailand
MESSAGE FROM THE PRESIDENT

Dear Members, Friends and Supporters,

Education, Enhancing Awareness and Reducing Stigma

Thank you for your understanding and journeying with us to provide a safe and healthy community environment for persons with epilepsy and their families through promoting awareness concerning epilepsy and counseling to persons with epilepsy, their family members and to the public.

Epilepsy is a brain disorder affecting an estimated 65 million people worldwide. One in twenty-six people will develop epilepsy in their lifetime. While it cannot be cured, the good news is that there are many advanced treatment options, and many persons with epilepsy can lead full lives with access to good quality treatment.

However, epilepsy is a complex neurological disorder, a spectrum of disorders, with seizures differing from person to person ranging from severe, life-threatening, and disabling disorders to ones that are much more benign.

Individuals experience different health outcomes and have a range of activities of daily living that may be affected. Furthermore, while some surveys have suggested that attitudes regarding epilepsy have become less negative over time, problems of stigma, misunderstanding and impaired awareness remain widespread. Stigma is defined as the relation 'between the differentness of an individual and the devaluation society places on that particular differentness'. Stigma, whether felt or overtly experienced, has many negative consequences for co-morbid health and quality of life, leading to anxiety, depression, poor medication adherence, and isolation.

A general misunderstanding of what epilepsy is, and what it isn’t, has contributed to prejudice and discrimination, adding to the obstacles and challenges faced by persons with epilepsy. The stigma associated with epilepsy needs to be eliminated with clear messages and accurate information for successful public awareness efforts.

People with epilepsy face an array of challenges to daily living. Many people with epilepsy do not have a solid understanding about their condition - how it is diagnosed, seizure precipitants or triggers, types of seizures, the purpose and potential side effects of seizure medications, safety concerns, and the risks and potential consequences of seizures. Surveys have shown that people with epilepsy and their families are persuasive advocates and educators who are in a better position to speak out in order to provide a more complete picture of epilepsy and its impact. For better patient outcomes, it is imperative for persons with epilepsy and their families to acquire knowledge of epilepsy as well as skills in self-management.

To fight stigma, appropriate education, accurate information and a concerted effort by all parties, PwEs, families, health care professionals, educators, the public, and government is needed.

Here are several opportunities and ways to increase education and awareness:

**Teach and Learn.** Teach groups, schools, corporate and communities about epilepsy and seizure first aid using lectures, webinars, informational brochures, videos, flyers. Knowledge is power!

**Share your story.** Don’t be afraid to tell people that you have epilepsy. Help to reduce stigma by talking frankly about the facts of epilepsy; help to support PwEs to achieve the best quality of life.

**Wear purple.** Purple is the internationally recognized colour of epilepsy awareness. Celebrate March 26 as International Purple Day. Make Purple Day every day.

**Advocate.** Speak up, tell your story to legislators, policy makers, administrators, teachers, friends, and co-workers.
Expand participation in sports and other recreational activities. Increase awareness that people with epilepsy can and should be physically active.

Get involved: Support the epilepsy movement and become a champion for epilepsy education and awareness.

The World Health Organization (WHO), the International League Against Epilepsy (ILAE) and the International Bureau for Epilepsy (IBE) have made epilepsy a major health concern. Collaborative work and research are needed in the Global Campaign Against Epilepsy to bring epilepsy “out of the shadows”.

It falls on all of us to be involved, to work together. We all play important roles –government and society, in raising epilepsy awareness, counseling and support as well as in advocacy work. Sustained concerted action will ensure PwEs not only have access to quality affordable treatment, but also opportunities to live free from stigma and discrimination.

I strongly encourage all of us to continue supporting the fight against epilepsy. Speak up and speak out on epilepsy, and help to dispel myths and misunderstanding.

I extend my grateful thanks to the Executive Council and Board of Consultants, as well as to members, supporters, volunteers, friends, our legal advisor, donors, the National Council of Social Service and the Ministry of Health for their unwavering support.

Together there is hope to defeat epilepsy.

“Success is the sum of small efforts, repeated day in and day out” ~ Robert Collier

With best wishes for happiness and good health

DR CHOONG CHEW THYE
President
MESSAGE FROM THE VICE-PRESIDENT

Dear Members and Friends,

In the blink of an eye, the COVID 19 pandemic faded from our memories and a new dawn has begun.

Many may recall the distant past of wrecked livelihoods and economic ruin. Yet many are hopeful of this new beginning and seek to reclaim post-pandemic normalcy. The travails of normalcy need to be battled every day by all of us.

Epilepsy Care Group (ECG) as with all organisations physically opened to the members and public fully at the permitted time. Programmes and activities were planned alongside with counselling sessions. Many reported great relief and the joy of meeting fellow members at the ECG Centre.

A slew of activities and programmes rolled out saw good response. It is encouraging to see the enthusiasm of many members coming back and enjoying them. A festive event was attended by various ethnic groups and across ages and made the occasion very special, meaningful and memorable, aligning with the value of inclusiveness in society.

ECG is also committed to aligning with the nation's promotion of a healthy lifestyle. We have resumed dragon boating activity, and started a gym workout and fitness programme with a trainer.

A regional Epilepsy Exchange programme was carried out by both ECG, the Epilepsy Bureau of Thailand and the Epilepsy Society of Thailand in Bangkok. It is a learning platform to exchange knowledge through the sharing of persons with epilepsy (PwE) coping and the healthcare landscape with regards to epilepsy and treatment and care. All were enriched by the fellowship among professionals, caregivers, and PwEs, the Epilepsy Bureau of Thailand (EBT) and the Epilepsy Society of Thailand (EST).

“Caregiving is an important mode in the social support ecosystem. Often, we focus on the beneficiaries, but caregivers themselves also need support and help to care for their loved ones....with mindset, skill and resources to manage their caregiving duties” – President Halimah Yacob, ST 21/7/’22.

With that President Halimah Yacob announced that the President’s Challenge 2023 will focus on “Caring for Caregivers”

In conjunction with this year’s focus on “Caring for Caregivers”, please stay tune to the events that we will be organising to recognise and celebrate the caregivers whose tasks and responsibilities are beyond words that can describe. Many rose to the task of care-giving lifted by their elemental goodness.

There is still much work to be done, and many hands make work light and delightful. I encourage as many to consider coming forward to serve the epilepsy community.

Best wishes and warmest regards

[Signature]

DIANA KNOT HWEE HOON
Vice-President
MESSAGE FROM THE EXECUTIVE DIRECTOR

Dear Members and Friends,

It had been an intense session and I could feel the tightness in my body when the couple left the epilepsy centre. One of the thoughts circling in my head as I was writing up my notes was: How often does epilepsy cause problems for men trying to conceive with their partner? What is the possibility of not giving birth to a healthy child? I told the couple genetics wasn’t an area of my expertise, but it was important that I had an understanding of their decision-making process before I refer them on. It is a hard decision.

Becoming a parent is one of the most challenging elements of life: all the worry, exhaustion, not knowing, missteps, fears and frustrations. I’d felt personally the heart-bursting love of my brother for his child when he was born. My nephew is also my godson.

One of the greatest gifts parents can offer a child is confidence, and that confidence has to be transmitted from the parents not only in words but also in what they model in the unvoiced messages they transmit.

Family is the single most important influence on our life as a child and their outcome. We carry that reliable love into adulthood, as it strengthens our emotional, physical and spiritual well-being, which enables us to live a well-adjusted life. When families function well enough, we can turn to in adversity and support. When the external world comes crushing upon us, the family acts as a lighthouse, offering us refuge to heal and rebuild our strength.

It must be emphasised that the quality of our lives depends on the quality of our relationships. At the centre of our well-being is relationship, and all our ‘relational stuff’ began with our family. In our family, we learn to relate to each other and how we manage emotions in every aspect of our lives. The basis of our beliefs and values is programmed into us through our family, whether we follow or rebel the family script. We also gain our sense of our own worth value from our family.

Reflecting on my work with people with epilepsy and their families all these years led me to wonder about ‘family’ and ‘epilepsy’, and if there is an important relation between the two that we may have missed. I have seen persons with epilepsy thrive when they feel supported by a holding environment in the family. On the contrary, some families’ ignorant insensitivity towards a family member with epilepsy have caused much harm. Family members need to ensure they understand each other and their differing ways of coping with a family member with epilepsy in order to guard against taking out turbulent feelings on one another. A mother tearfully shared with me that she was very upset that her other children were not willing to take over the care of their sibling with epilepsy when she and her husband are no longer around. A family’s health relies on the quality of relationship between every member, whether they live together or not.

Very often, I’m pulled into the dynamics. But I always try to have one foot firmly planted on their side, the other on mine. I want to let persons with epilepsy know how much I believed in them while remaining separate enough to be able to support them effectively. Some families trivialise epilepsy, while others magnify it to the point of over-protectiveness, which would of course, further perpetuate the stigma of epilepsy.

But people with epilepsy have to honestly ask themselves whether what they are modelling is negative. Do they take responsibility for themselves as persons with epilepsy, which means acknowledging the consequences of their actions? Have they been good ambassadors for epilepsy, or do they resort to infelicitous remark on social media when their needs are not met?
MESSAGE FROM THE EXECUTIVE DIRECTOR (CONT.)

Epilepsy is a very serious brain condition. And caring for someone with epilepsy can be exhausting and emotionally draining, which is why it has led me to mull over the various possibilities of providing some form of respite care for families. In 2008, Epilepsy Care Group (Singapore) (ECG) started an initiative of engaging volunteers to accompany persons with epilepsy for its first overseas trip to the 7th Asian and Oceanian Epilepsy Congress in China. Families can then take a break from their caregiving responsibilities for a few days. This was well received and much appreciated by the epilepsy community and ECG hopes to maintain this service, provided there are enough willing volunteers.

However, one’s ability to carry out emotional work as a surrogate caregiver critically depends upon the level of support received from families of persons with epilepsy. If the surrogate caregivers feel unsupported, emotionally depleted, they will struggle with the care and their psychological defences kick in.

The excitement of having an outing or overseas trip with the epilepsy community appeal to most but one also has to be sensitive to others who crave for family involvement. These persons with epilepsy may feel a sense of abandonment.

Every family has a story - a story of love and connection as well as wounds and hurt. And I believe we always want to do the best we can. The terrible paradox is that in the fear and pain of injury, we often shut down or attack and end up stuck and hurting. The difficult truth is that we can only fix what we face.

All of us hope for happy resolutions. But sometimes we need to cut bonds to heal. It would never be what one would choose; yet knowing when to walk away from toxic family members requires courage, strength, and self-awareness; and prioritizing those who are reciprocal and positive.

Stay safe, stay healthy, and take care of each other.

Thanks and blessings be to all of you, and more,

SHERMAN GOH KENG HWEE
Executive Director/Epilepsy Counsellor
MINUTES OF THE 27TH ANNUAL GENERAL MEETING

Minutes of the 27th Annual General Meeting (Hybrid) held at Epilepsy Care Group (Singapore), 3779 Jalan Bukit Merah #02-03 Bukit Merah Community Hub Singapore 159462 on Saturday, 27 August 2022.

Present:
Members’ Strength as at date of AGM - 151
Ordinary/Life Members required to form a quorum - 30
No. of Ordinary/Life Members present - 20

Members present:
Mr Ang Wei Jie
Mdm June Chong Chung Lan
Dr Choong Chew Thye
Mr Goh Keng Hwee
Mr Allan Howe An Loon – (Virtual)
Mr Calvin Koh Chin Khoon
Ms Diana Koh Hwee Hoon
Mr Lee Soon Chua
Mdm Mabel Lim Hong Choo
Dr Lim Kim Whee
Dr Leong Wei Shin
Mdm Bindu Nair – (Virtual)
Mr So Weng Fae
Mr Patricl Soh Guan Eng
Mr Hayden Tan Hui Wen
Mr Tan Pek Ann – (Virtual)
Mr David Tan Zheng Yuan
Mr Wu Han Wen
Mdm Mary Yeo – (Virtual)
Mr Calvin Schaffer Zhong

1.0 Commencement

1.1 As there were an insufficient number of members to reach the quorum required for the meeting, the members present formed the quorum and the meeting was called to order at 1530 hrs. The meeting was chaired by the incumbent president, Dr Choong Chew Thye.
MINUTES OF THE 27TH ANNUAL GENERAL MEETING

2.0 Outgoing President’s address

2.1 The outgoing president, Dr Choong Chew Thye presented her heartfelt appreciation to the 27th executive council. They understood the challenges and situations well. And they did whatever it took to make the changes and meet the challenges. She thanked each one of them for their support and dedication and looks forward to many of them continuing to serve in the new term. Dr Choong thanked all members and volunteers for their support and commitment.

2.2 Dr Choong is also thankful to all members for standing by ECG, (by continuing in their membership) despite the fact that the Group had fewer activities during the year in review. The pandemic had showed us its complexity. Now that the pandemic is almost over and safety measures have been relaxed, it is vital that the epilepsy community takes this opportunity to renew its strengths and move forward in enabling people with epilepsy and their families by talking, sharing, and supporting them. There are still challenges surrounding epilepsy affecting people with epilepsy.

2.3 Dr Choong shared that there is a great need to bring epilepsy ‘out of the shadows’ by talking factually about it, sharing what it means living with it, and supporting people with epilepsy with co-morbidities who face challenges.

2.4 Dr Choong touched on ECG’s current financial sustainability as funds are currently low and efforts to raise more had been hampered by various circumstances. ECG will continue to press on to raise much needed funds. One of the Group’s major fundraising projects, Flag Day, has been greatly impacted by the pandemic. She thanked Mr Calvin Koh, for leading the fundraising subcommittee and also for mooting the ‘50 Million Steps’, a worldwide initiative, as another avenue for funds.

2.5 Dr Choong expressed a positive note that many persons with epilepsy have overcome the challenges of living with epilepsy and gone on to become active members of the epilepsy community and take up various roles in society.

2.6 Dr Choong also touched on the two symposia, ‘Living Well with Epilepsy...Beyond the Pandemic’. And recently, a trip to Malacca was organized. Members who participated felt reconnected and enjoyed the overnight stay. Dr Choong is confident that there would be more activities to be organised now that the restrictions have been eased.
MINUTES OF THE 27TH ANNUAL GENERAL MEETING

2.7 Dr Choong also extended thanks to the Ministry of Health, all donors, supporters, and all members.

2.8 In closing, Dr Choong shared a quote by Albert Einstein, “In the middle of difficulty lies opportunity”, by urging all present to continue to support and build one another by helping people with epilepsy to live a fulfilling life. And she looked forward to members’ continued membership, contribution in any possible ways, participation in ECG’s activities, and suggestion for new ideas.

3.0 Confirmation of Minutes of 26th Annual General Meeting held on 28 August 2021

3.1 Ms Diana Koh Hwee Hoon proposed to pass the minutes of the 26th Annual General Meeting held on 28 August 2021. Dr Lim Kim Whee seconded the motion. The minutes of the 26th Annual General Meeting was thus passed with no further amendments.

4.0 Adoption of the Honorary Secretary’s Report
(Full details: pages 14 to 21, ECG Annual Report 2022)

4.1 The Honorary Secretary, Mr Goh Keng Hwee, presented his report for the work year 2021/2022.

4.1.1 Mr Goh informed the general meeting that the outgoing council had declared no conflict of interest.

4.1.2 Mr Goh shared with regret about the passing of ECG’s previous treasurer, Mr Hong Ming Hean on 19 February 2022. A minute of silence was observed as a mark of respect at ECG’s second epilepsy symposium held on 26 March 2022.

4.1.3 Mr Goh highlighted that the lease for the current premises will end in July 2023. ECG hopes that the MSF would renew its lease.

4.1.4 Together with his assistant secretary, Mr Goh would like to thank the 27th Executive Council and the Board of Consultants led by Dr Lim Kim Whee for their support, the Ministry of Social and Family Development (MSF) for the use of the premises at the Bukit Merah Community Hub, the National Council of Social Service (NCSS), the President’s Office, and all sponsors and donors.
MINUTES OF THE 27TH ANNUAL GENERAL MEETING

4.2 Subcommittee Reports
(Full details: pages 22 to 25, ECG Annual Report 2022)

4.2.1 Dragon Boat Subcommittee

Reporting on behalf of the dragon boat subcommittee, Mr Goh Keng Hwee informed the general meeting that in view of the unpredictable Covid-19 restrictions, dragon boat trainings were limited coupled with a few gym workouts. The dragon boat project was first started in 2007, and now lacks younger and vibrant volunteers to carry the project through. He hopes that the new lead in this subcommittee will decide on the future direction of this project.

4.2.2 Editorial Subcommittee

(i) Editor of the editorial subcommittee, Mr Goh Keng Hwee presented the work of his subcommittee and informed the meeting that the cost of the annual report this year was $16 (incl. GST) due to additional pages and an increase in printing cost. Many thanks go to Mr Hayden Tan, Mr Ang Wei Jie, Mr Terrance Ang, and Miss Eileen Koh Yi Lin for their meticulous work in the creation of this annual report.

(ii) Mr Goh also shared that ECG continues to create its newsletter, Epilepsy Link, for circulation among the members. It had produced five issues in both hard and soft copies during the term.

4.2.3 Fundraising Subcommittee

(i) Chairperson of the fundraising subcommittee, Mr Calvin Koh updated on ECG’s 19th Annual Flag Day which was held virtually from 25 September 2021 to 24 December 2021. Mr Koh reported on the '50 Million Steps' which was held from 1 January 2022 and ended on 14 February 2022, which was also International Epilepsy Day.

(ii) He thanked his team which comprised of Mr Ang Wei Jie, Mr Lee Soon Chua and Mr David Tan, and particularly, Mr Goh Keng Hwee for the support rendered in helping to raise much needed funds for ECG.
MINUTES OF THE 27TH ANNUAL GENERAL MEETING

4.2.4 Human Resource Subcommittee

Chairperson of the human resource subcommittee, Dr Choong Chew Thye, reported no staff movement. Mr Goh Keng Hwee remains as the only paid staff and extended the Group’s sincere thanks and dedicated commitment to the epilepsy cause. Dr Choong also extended an invite to members to come forward to assist Mr Goh in whatever ways they could.

4.2.5 Information Technology Subcommittee

Chairperson of the information technology subcommittee, Mr Hayden Tan reported on the supporting role undertaken over the past year. His team organised the virtual AGM last year, updated ECG’s website, assisted in two symposiums, and purchased IT equipment for use by the centre.

4.2.6 Membership Development Subcommittee

(i) Chairman of the membership development subcommittee, Dr Lim Kim Whee, reported on the update of membership status. As at the date of this AGM, ECG has a total of 151 members.

(ii) Dr Lim told the general meeting that they could also do their part by encouraging their friends to join the epilepsy cause.

4.2.7 Training & Education Subcommittee

(i) Chairperson of the training and education subcommittee, Ms Diana Koh reported that despite the Covid-19 restrictions, her subcommittee continues to provide training and education.

(ii) Ms Diana Koh also reported that both Dr Choong Chew Thye and she were invited to speak at a virtual congress of the 4th Asian Oceanian Congress of Neurorehabilitation on 8 August 2021.
MINUTES OF THE 27TH ANNUAL GENERAL MEETING

(iii) Ms Diana Koh also reported that ECG members participated in a virtual three 2-hour sessions at the IBE Day on 1 September 2021 held in conjunction with the 34th International Epilepsy Congress.

(iv) The training and education subcommittee also organised two symposia, 'Living Well with Epilepsy beyond the Pandemic' during its term.

(v) On behalf of her subcommittee, Ms Diana Koh thanked Mr Goh Keng Hwee, Ms Goi Ming Ying, Mr Hayden Tan, Mr Ang Wei Jie, Dr Harry Teoh, and Mr Cheong Jie Hui, for their immense support.

4.2.8 Welfare and Social Integration Subcommittee

(i) Reporting on behalf of the welfare and social integration subcommittee, Mr Ang Wei Jie shared that in view of the evolving nature of Covid-19, activities were limited or put on hold as the well-being of our members and volunteers remained the top priority.

(ii) Mr Ang also reported that he was thankful that the subcommittee fortunately managed to organise a 2-days trip to Malacca just a week before this AGM. The response was good and the members all felt reconnected as a community.

4.3 Mr David Tan Zheng Yuan proposed to adopt the Honorary Secretary's Report and Mr Calvin Schaffer Zhong seconded the motion. The Honorary Secretary’s Report was thus adopted without any amendments.

5.0 Adoption of the Audited Financial Statements for the Year Ended 31 March 2022
(Full details: pages 34 to 63, Annual Report 2022)

5.1 The Honorary Treasurer, Mr Lee Soon Chua, presented the audited financial statements for the year ended 31 March 2022.

5.2 Mr Lee reported that for FY 2022, ECG had generated a positive cash income. He highlighted the restatements on page 63, No.24 on the adjustments to income that had already been expended but were overlooked in the prior financial year.

5.3 In closing, Mr Lee made two observations: 1) ECG faces liquidity risk, 2) The financial statements should appear as a separate section on the table of contents that comprises the rest of the auditor’s reports with their given proper headings.
MINUTES OF THE 27TH ANNUAL GENERAL MEETING

5.4 It was resolved that the audited financial statements for the period 1 April 2021 to 31 March 2022 be adopted as proposed by Mr Ang Wei Jie and seconded by Mr Calvin Koh Chin Khoon. The Audited Financial Statements for the year ended 31 March 2022 were confirmed.

6.0 Recommendations of the Outgoing Committee

The following were recommendations of the outgoing committee for the new team to consider: i) to make ECG relevant ii) to increase membership, iii) to find sources of funds iv) to link up with more governmental bodies so as to gain support.

7.0 Election of the 28th Executive Council for the year 2022/2023

7.1 The Election Officer, Dr Lim Kim Whee, conducted the election of the 28th Executive Council and received the following nominations without contest:

7.2 President: Dr Choong Chew Thye
Vice-President: Ms Diana Koh Hwee Hoon
Honorary Secretary: Mr Goh Keng Hwee
Asst Secretary: Mr Ang Wei Jie
Honorary Treasurer: Mr Tan Zheng Yuan
Asst Treasurer: Mr Koh Chin Khoon
Welfare Officer: Ms Goi Ming Ying
Council Members:

Mr Hayden Tan Hui Wen
Mr Calvin Schaffer Zhong

7.3 As there were three vacant posts for council members, the Election Officer invited further nominations after obtaining the consent of the general meeting.

7.4 The following were nominated to fill up the remaining vacant positions:

1. Mr Patrick Soh Guan Eng
2. Mdm June Chong Chung Lan
3. Dr Leong Wei Shin
MINUTES OF THE 27TH ANNUAL GENERAL MEETING

7.5 The general meeting acknowledged the active participation of the three nominees and recognising that they would continue their good work with ECG; the general meeting unanimously approved and accepted their nominations.

7.6 The Election Officer, Dr Lim Kim Whee then announced to the general meeting the elected members who would form the 28th Executive Council.

President: Dr Choong Chew Thye
Vice-President: Ms Diana Koh Hwee Hoon
Honorary Secretary: Mr Goh Keng Hwee
Asst Secretary: Mr Ang Wei Jie
Honorary Treasurer: Mr Tan Zheng Yuan
Asst Treasurer: Mr Koh Chin Khoon
Welfare Officer: Ms Goi Ming Ying
Council Members:
Mr Hayden Tan Hui Wen
Mr Calvin Schaffer Zhong
Dr Leong Wei Shin
Mr Patrick Soh Guan Eng
Mdm June Chong Chung Lan

8.0 Appointment of Auditor

8.1 Mr Goh Keng Hwee sought approval from the general meeting to empower the 28th Executive Council to appoint an auditor for ECG.

8.2 As there was no objection, the 28th Executive Council is empowered to appoint an auditor for Epilepsy Care Group (Singapore) for the period up to the conclusion of the next Annual General Meeting of the Group, and the incoming Executive Council is authorised to fix the remuneration of the auditor.

9.0 Any Other Business

9.1 The newly elected ECG president, Dr Choong Chew Thye, presented a certificate awarded by the YMCA-NUS Business School to Mr Calvin Koh Chin Khoon for having completed the Volunteer Service Management Programme in October 2021.
MINUTES OF THE 27TH ANNUAL GENERAL MEETING

9.2 Dr Choong Chew Thye informed the general meeting that MOH has approved the renewal of ECG’s IPC (Institution of a Public Character) status for another three years from 9 August 2022 to 8 August 2025.

9.3 Mr Goh Keng Hwee informed the meeting that there were no written motions received under Article 27 of The Constitution of Epilepsy Care Group (Singapore). That being the case, the Annual General Meeting was called to a close at 1700 hrs.

9.4 A note of thanks was accorded to all present.

Recorded by : Mr Goh Keng Hwee, Honorary Secretary
Vetted and Approved by : Dr Choong Chew Thye, President
Ms Diana Koh, Vice President
Date : 13 September 2022
SECRETARIES’ REPORT

Dear Members and Friends

Hope all is well with you and your loved ones!

This year marked the 30th Anniversary of Epilepsy Care Group (Singapore) (ECG). ECG has grown from a local epilepsy support group to being recognised by the International Bureau for Epilepsy (IBE) and other epilepsy associations around the world.

Looking back, what have we achieved over the last thirty years? Different people have different definitions of the word “achievement”. There is now greater public awareness about epilepsy today compared to thirty years ago, when epilepsy was shrouded with myths.

Both Wei Jie and I feel that ECG’s greatest achievement lies in its ability to foster camaraderie among its members. Both persons with epilepsy and their caregivers have found strength and solace from the closely knitted ECG community. Persons with epilepsy are no longer just “epileptics”, a derogatory label in a medical dictionary. They are unique individuals with their own identities, needs and capabilities.

While we would be celebrating ECG’s 30th Anniversary this October, the core team from the Executive Council has not slackened its efforts to promote epilepsy awareness and provide support and services to persons with epilepsy, caregivers and members of the public. We will continue to do so with confidence and dedication, because this is the reason for our existence!

We hope to see all of you soon, and we know we can continue to count on you!

Stay safe and stay healthy everyone!

Till we meet again the next time round.....

THE 28TH EXECUTIVE COUNCIL
Executive Council members are elected at the annual general meeting. There is a term limit of one year for all including both the Honorary Treasurer and the Assistant Treasurer. All office-bearers may be re-elected to the same or related post for a consecutive term of office. Epilepsy Care Group (Singapore) held its 27th Annual General Meeting (Hybrid) on 27 August 2022. The following members were elected into office:

**PRESIDENT**
Dr Choong Chew Thye

**VICE PRESIDENT**
Diana Koh Hwee Hoon

**HONORARY SECRETARY**
Goh Keng Hwee
SECRETARIES’ REPORT

ASSISTANT SECRETARY
Ang Wei Jie

HONORARY TREASURER
Tan Zheng Yuan

ASSISTANT TREASURER
Koh Chin Khoon

WELFARE OFFICER
Goi Ming Ying

COUNCIL MEMBERS
Hayden Tan Hui Wen
Calvin Schaffer Zhong
Dr Leong Wei Shin
Patrick Soh Guan Eng
Chong Chung Lan

CONDUCT OF AFFAIRS
The Executive Council conducts its affairs as set out in The Constitution of Epilepsy Care Group (ECG) (Singapore) and the Group’s Financial Manual.

The Executive Council provides guidance to the Executive Director in overseeing the smooth day-to-day operations of ECG. The Executive Council also provides consultative, networking and resource support to ensure smooth service delivery, compliance with all relevant laws and regulations and sustainability of ECG.

DECLARATION OF CONFLICT OF INTEREST
Executive Council members avoid any position of conflict of interest in any transaction, project or matter relating to the Group and would make full and frank disclosure of any such potential conflict of interest to the Council immediately. If a Council member has any interest (directly or indirectly) in any transaction, project or matter relating to the Group to be discussed at any meeting, the Council member would:

(i) disclose the nature of his interest before the discussion or vote on the matter, and
(ii) withdraw from the meeting. The remaining Council shall then decide on this matter.

We confirm that each member of the Council and the Board of Consultants is not in a position where his personal interests may conflict with his role as a member of the Council or the Board of Consultants.

We also confirm that the paid executive management of ECG does not comprise more than one-third of the Executive Council nor chair its meeting. All Executive Council members (with the exception of the Honorary Secretary, who is also the Executive Director) are independent and do not receive any remuneration for the services to the Group.
## SECRETARIES’ REPORT

### CODE OF GOVERNANCE – GOVERNANCE EVALUATION CHECKLIST

(1 April 2022 – 31 March 2023): Tier 2

<table>
<thead>
<tr>
<th>Code guideline</th>
<th>Code ID</th>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BOARD GOVERNANCE</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Induction and orientation are provided to incoming Board members on joining the Board.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Are there Board members holding staff appointments?</td>
<td>1.1.2</td>
<td>Complied</td>
</tr>
<tr>
<td>Staff does not chair the Board and does not comprise more than one third of the Board.</td>
<td>1.1.3</td>
<td>Complied</td>
</tr>
<tr>
<td>There are written job descriptions for their executive functions and operational duties which are distinct from their Board roles.</td>
<td>1.1.5</td>
<td>Complied</td>
</tr>
<tr>
<td>There is a maximum limit of four consecutive years for the Treasurer position (or equivalent, e.g. Finance Committee Chairman or person on Board responsible for overseeing the finances of the charity). Should the charity not have an appointed Board member, it will be taken that the Chairman oversees the finances.</td>
<td>1.1.7</td>
<td>Complied</td>
</tr>
<tr>
<td>All Board members themselves for re-nomination and re-appointment, at least once every 3 years.</td>
<td>1.1.8</td>
<td>Complied</td>
</tr>
<tr>
<td>There are documented terms of references for the Board and each of its Board committees.</td>
<td>1.2.1</td>
<td>Complied</td>
</tr>
<tr>
<td><strong>CONFLICT OF INTEREST</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>There are documented procedures for Board members and staff to declare actual or potential conflicts of interest to the Board.</td>
<td>2.1</td>
<td>Complied</td>
</tr>
<tr>
<td>Board members do not vote or participate in decision-making on matters where they have a conflict of interest.</td>
<td>2.4</td>
<td>Complied</td>
</tr>
<tr>
<td><strong>STRATEGIC PLANNING</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>The Board approves and reviews a strategic plan for the charity to ensure that the activities are in line with its objectives.</td>
<td>3.2.2</td>
<td>Complied</td>
</tr>
<tr>
<td><strong>HUMAN RESOURCE AND VOLUNTEER MANAGEMENT</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>The Board approves documented human resource policies for staff.</td>
<td>5.1</td>
<td>Complied</td>
</tr>
<tr>
<td>There is a documented Code of Conduct for Board members, staff and volunteers (where applicable) which is approved by the Board.</td>
<td>5.3</td>
<td>Complied</td>
</tr>
<tr>
<td>There are processes for regular supervision, appraisal and professional development of staff.</td>
<td>5.5</td>
<td>Complied</td>
</tr>
<tr>
<td><strong>FINANCIAL MANAGEMENT AND INTERNAL CONTROLS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>There is a documented policy to seek the Board’s approval for any loans, donations, grants or financial assistance provided by the charity which are not part of its core charitable programmes.</td>
<td>6.1.1</td>
<td>Complied</td>
</tr>
<tr>
<td>The Board ensures that internal controls for financial matters in key areas are in place with documented procedures.</td>
<td>6.1.2</td>
<td>Complied</td>
</tr>
<tr>
<td>The Board ensures reviews on the charity’s internal controls, processes, key programmes and events are regularly conducted.</td>
<td>6.1.3</td>
<td>Complied</td>
</tr>
<tr>
<td>The Board ensures that there is a process to identify, regularly monitor and review the charity’s key risks.</td>
<td>6.1.4</td>
<td>Complied</td>
</tr>
<tr>
<td>The Board approves an annual budget for the charity’s plans and regularly monitors its expenditure.</td>
<td>6.2.1</td>
<td>Complied</td>
</tr>
<tr>
<td>Does the charity invest its reserves, including fixed deposits?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>The charity has a documented investment policy approved by the Board.</td>
<td>6.4.3</td>
<td>NA</td>
</tr>
</tbody>
</table>
SECRETARIES’ REPORT

DISCLOSURE AND TRANSPARENCY

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Yes/No</th>
<th>Compliance</th>
</tr>
</thead>
<tbody>
<tr>
<td>The charity discloses its annual report: i. Number of Board meetings in the year; and ii. Individual Board member’s attendance.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Are Board members remunerated for their Board services?</td>
<td>No</td>
<td></td>
</tr>
<tr>
<td>No Board member is involved in setting his or her own remuneration.</td>
<td>Yes</td>
<td></td>
</tr>
<tr>
<td>The charity discloses the exact remuneration and benefits received by each Board member in its annual report. OR The charity discloses that no Board members are remunerated.</td>
<td>Yes</td>
<td></td>
</tr>
<tr>
<td>Does the charity employ paid staff?</td>
<td>Yes</td>
<td></td>
</tr>
<tr>
<td>No staff is involved in setting his or her own remuneration.</td>
<td>No</td>
<td></td>
</tr>
<tr>
<td>The charity discloses in its annual report: i) The total annual remuneration (including any remuneration received in its subsidiaries), for each of its three highest paid staff, who each receives remuneration exceeding $100,000; and ii) If any of the 3 highest paid staff also serves on the Board of the charity, the information relating to the remuneration of the staff must be presented in bands of $100,000. OR The charity discloses that none of its staff receives more than $100,000 each in annual remuneration each.</td>
<td>Yes</td>
<td></td>
</tr>
</tbody>
</table>

SUB-COMMITTEES
To assist the Executive Council in the execution of its duties, the Executive Council has delegated specific functions to various sub-committees. During the first Executive Council Meeting held on 24 September 2022, the following members were designated the following responsibilities:

Chair, Board of Consultants – Dr Lim Kim Whee
Chair, Editorial Subcommittee – Goh Keng Hwee
Chair, Fundraising Subcommittee – Calvin Koh Chin Khoon
Chair, Human Resource Subcommittee – Dr Choong Chew Thye
Chair, Membership Development Subcommittee – Dr Lim Kim Whee
Chair, Training & Education Subcommittee – Diana Koh Hwee Hoon
Chair, Welfare & Social Integration, Volunteers Subcommittee – Goi Ming Ying
Chair, Information Technology Support Subcommittee – Hayden Tan Hui Wen
IBE Research Team – Diana Koh Hwee Hoon

ECG BOARD OF CONSULTANTS
The Executive Council would like to express their gratitude to the following who were invited to serve as Honorary Consultants in their areas of specialization:

NEUROLOGY
Prof Michael Chee Wei Liang
Dr Lim Kim Whee

PSYCHIATRY
Dr Adrian Wang Chee Cheng

DENTISTRY
Dr Vijayan Loganathan
EXECUTIVE COUNCIL MEETINGS
The 27th Executive Council held five meetings during its tenure and more than half of its members must be present for proceedings to be valid. Besides briefing at meetings and email circulars, Executive Council members are encouraged to attend training programmes when necessary, to keep apprised of relevant new laws, regulations and changes in the charity landscape.

<table>
<thead>
<tr>
<th>Name/Position</th>
<th>Designation/Company</th>
<th>Date of Last Appointment as EC Member</th>
<th>EC member Since</th>
<th>Attendance at EC Meetings</th>
<th>Reasons for serving 10 years or more</th>
</tr>
</thead>
<tbody>
<tr>
<td>Choong Chew Thye (Dr)</td>
<td>President Senior Consultant Paediatric Neurologist/</td>
<td>27.8.2022</td>
<td>1997</td>
<td>5/5</td>
<td>Provides institutional knowledge and experience which contribute to organisation’s stability and continuity</td>
</tr>
<tr>
<td></td>
<td>KK Women’s &amp; Children’s Hospital</td>
<td></td>
<td>Vice President, 1997</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Koh Hwee Hoon Diana</td>
<td>Vice President Senior Principal Medical Social Worker/</td>
<td>27.8.2022</td>
<td>2005</td>
<td>5/5</td>
<td>Provides institutional knowledge and experience which contribute to organisation’s stability and continuity</td>
</tr>
<tr>
<td></td>
<td>National University Hospital</td>
<td></td>
<td>Welfare Officer, 2004</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Goh Keng Hwee*</td>
<td>Honorary Secretary Executive Director/ Epilepsy Care Group</td>
<td>27.8.2022</td>
<td>1996</td>
<td>5/5</td>
<td>One of ECG’s co-founding members and is instrumental to the Exco with his experience and insights in advancing ECG’s mission</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Council Member, 2010</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ang Wei Jie</td>
<td>Assistant Secretary Financial Advisor/ NTUC Income</td>
<td>27.8.2022</td>
<td>2015</td>
<td>2/5</td>
<td>NA</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Council Member, 2015 to 2019</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tan Zheng Yuan</td>
<td>Honorary Treasurer Assistant Manager/ Dezan Shira &amp; Associates</td>
<td>27.8.2022</td>
<td>2013</td>
<td>4/5</td>
<td>NA</td>
</tr>
</tbody>
</table>
## SECRETARIES’ REPORT

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Start Date</th>
<th>End Date</th>
<th>Term</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Koh Chin Khoon</td>
<td>Assistant Treasurer</td>
<td>27.8.2022</td>
<td>2004</td>
<td>5/5</td>
<td>The maximum term limit of Exco members holding the Honorary Treasurer and the Assistant Treasurer is a year. All office-bearers may be re-elected to the same or related post for a consecutive term of office.</td>
</tr>
<tr>
<td>Goi Ming Ying</td>
<td>Welfare Officer</td>
<td>27.8.2022</td>
<td>2016</td>
<td>2/5</td>
<td>NA</td>
</tr>
<tr>
<td>Tan Hui Wen Hayden</td>
<td>Council Member</td>
<td>27.8.2022</td>
<td>2020</td>
<td>4/5</td>
<td>NA</td>
</tr>
<tr>
<td>Zhong Calvin Schaffer</td>
<td>Council Member</td>
<td>27.8.2022</td>
<td>2021</td>
<td>2/5</td>
<td>NA</td>
</tr>
<tr>
<td>Dr Leong Wei Shin</td>
<td>Council Member</td>
<td>27.8.2022</td>
<td>2014</td>
<td>4/5</td>
<td>NA</td>
</tr>
<tr>
<td>Soh Guan Eng Patrick</td>
<td>Council Member</td>
<td>27.8.2022</td>
<td>2022</td>
<td>4/5</td>
<td>NA</td>
</tr>
<tr>
<td>Chong Chung Lan</td>
<td>Council Member</td>
<td>27.8.2022</td>
<td>2022</td>
<td>1/5</td>
<td>On medical leave w.e.f. 26 Feb 2023.</td>
</tr>
</tbody>
</table>

*Board member holding staff appointment
SECRETARIES’ REPORT

TRANSFORMING THE NON-PROFIT SECTOR: SOLUTIONS THAT HELP US HELP ONE ANOTHER
Mr Patrick Soh and Mr Calvin Koh attended the conference on “Transforming the Non-Profit Sector: Solutions that Help Us Help One Another” on 4 October 2022. The conference aimed to provide insights and allow non-profit organisations re-imagine what and how social impact could be achieved alongside communities.

PRESIDENT’S CHALLENGE 2023
ECG has been selected as one of the benefitting agencies supported by President’s Challenge 2023.

CONCLUSION
Lastly, Wei Jie and I would like to express our heartfelt appreciation to the Board of Consultants and our fellow members of the 28th Executive Council for contributing considerable time and effort during this challenging time, without which all the programmes and projects during our term would not have been possible. Our thanks also go out to the President’s Office, the Ministry of Health, the Ministry of Social & Family Development, the National Council of Social Service, the National Volunteer and Philanthropy Centre, all our sponsors and donors for their continuous support.

Goh Keng Hwee
Honorary Secretary

Ang Wei Jie
Assistant Secretary
SUBCOMMITTEES’ REPORTS

EDITORIAL SUBCOMMITTEE
Editor : Goh Keng Hwee
Deputy-editor : Hayden Tan
Members : Ang Wei Jie, Chan Wen Ting

In financial year 2022 to 2023, the editorial subcommittee produced a total of two newsletters and the annual report. The editorial subcommittee also designed publicity materials for fundraising projects.

FUNDRAISING SUBCOMMITTEE
Chair : Calvin Koh Chin Khoon
Vice-Chair : Ang Wei Jie
Member : Tan Zheng Yuan

20th Flag Day
ECG’s 20th Flag Day was held from 3 June to 31 August 2022 digitally for the third year in view of the covid-19 pandemic. We appreciate all the support and help rendered in this fundraising project. Special thanks to all our donors and Giving.Sg. We look forward to greater support again as we will be finally bringing back the physical Flag Day in 2023.

The total amount collected was $12,510.

PJ Day for Epilepsy
16 year old Orla Stark, went on board Giving.Sg platform and started for the fourth time, her campaign PJ for Epilepsy, from 13 June 2022 to 31 July 2022, and raised $275 for ECG.

It was a simple idea, where learners, teachers and administrative staff from the Nexus community, finished the academic year wearing their PJs to school and pledged a small monetary donation to the epilepsy cause.

21st Flag Day
ECG’s 21st Flag Day was held physically for the first time after a three year hiatus. The event was held on 18 March 2023. We appreciate all the support, donations and help rendered in this fundraising project. We look forward to greater support again in 2024!

The total amount collected was $9,738.15
SUBCOMMITTEES’ REPORTS

FUNDRAISING SUBCOMMITTEE (Cont.)

50 Million Steps
The Fundraising subcommittee also organised the 50 Million Steps – a step for every person affected by epilepsy which ran from 9 January 2023 and ended on 13 February 2023. The walk aims to raise awareness, to improve visibility and increase understanding of epilepsy. It also helped raise $485 for ECG.

INFORMATION TECHNOLOGY SUBCOMMITTEE
Chair : Hayden Tan
Vice-Chair : Calvin Koh Chin Khoon
Members : Goi Ming Ying, Ang Wei Jie

The IT Support subcommittee set up the virtual symposium on “Epilepsy & Society” on 19 November 2022. It continuously updates ECG’s website and looks into purchases of IT equipment to enhance the digital transformation of the Group.

HUMAN RESOURCE SUBCOMMITTEE
Chair : Dr Choong Chew Thye
Vice-Chair : Dr Lim Kim Whee
Member : Diana Koh

The human resource subcommittee reported that in financial year as at 31 March 2023, ECG has only one paid staff.

MEMBERSHIP DEVELOPMENT SUBCOMMITTEE
Chair : Dr Lim Kim Whee
Vice-Chair : Dr Leong Wei Shin
Members : Diana Koh, Goh Keng Hwee

In the year under review, there were 150 members as at 31 May 2023. Adults with epilepsy make up for majority of the members. Other members include their caregivers and volunteers.

A breakdown of the membership into categories as at 31 May 2023 is as follows:

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Life Membership</td>
<td>94</td>
</tr>
<tr>
<td>Ordinary Membership</td>
<td>56</td>
</tr>
<tr>
<td>Total</td>
<td>150</td>
</tr>
</tbody>
</table>
SUBCOMMITTEES’ REPORTS

TRAINING & EDUCATION SUBCOMMITTEE
Chair : Diana Koh
Vice-Chair : Dr Leong Wei Shin

EnAble
EnAble is an on-going support group held once a month. It provides an atmosphere where members meet to share their experiences and learn from one another on how to care for people with epilepsy. It also provides them with an opportunity to render emotional and moral support to each other.

Golden Light Award 2022 Highly Commended Nominee

ECG congratulates Orla Stark from Singapore for being listed as a highly commended nominee of the Asian & Oceanian Golden Light Award 2022, in recognition of her efforts in fund-raising for epilepsy. It is people like Orla who will really make a change for all those living with epilepsy in Singapore and across the world!

14th Asian & Oceanian Epilepsy Congress – Epilepsy & Society Symposium
Members of the epilepsy community gathered in ECG on 19 November 2022 to participate in a virtual symposium on ‘Epilepsy & Society’. ECG also celebrated its 29th anniversary with a lunch reception.

The main focus during the symposium was on the World Health Organisation’s 10-year Intersectoral Global Action Plan (IGAP) on Epilepsy and Other Neurological Disorders. The plan focuses on strengthening the public health approach to epilepsy around the world with a focus on ensuring access to care and protecting the human rights of people with epilepsy everywhere.

Our executive director Mr Goh Keng Hwee, chaired a session on “Enhancing access to epilepsy social care in response to IGAP.”
SUBCOMMITTEES’ REPORTS

TRAINING & EDUCATION SUBCOMMITTEE (Cont.)

Epilepsy at the Workplace
Dr Ho King Hee, a consultant neurologist in private practice, former member of ECG’s Board of Consultants, and a Life member, gave a virtual talk on “Epilepsy at the Workplace” to some 188 staff of PUB on 23 November 2023. The talk was well received with a 95% rating and several positive feedback.

Epilepsy Exchange Programme (Thailand)
Six ECG members met their Thai counterparts in Queen Sirikit Children Hospital, Bangkok, Thailand, on 10 April 2023, as part of an initiative to help build the capacity of epilepsy-patient support of the two associations. The meeting also provided a platform for rich cultural exchanges between Singapore and Thailand, forged by common identity in coping and involvement with epilepsy.

This first-ever exchange programme also included talks from both groups on topics such as 'Enhancing access to epilepsy social care in response to WHO's Intersectoral Global Action Plan on Epilepsy and Other Neurological Disorders (IGAP)'and 'Overcoming stigma of epilepsy.'

Towards the end of the programme, the two epilepsy groups exchanged souvenirs, memento as a mark of friendship and look forward to future collaborations. (Full write-up on page 31)
SUBCOMMITTEES’ REPORTS

WELFARE & SOCIAL INTEGRATION SUBCOMMITTEE
Chair : Goi Ming Ying
Vice-Chair : Ang Wei Jie
Member : Calvin Schaffer Zhong

Step Out to Malacca
19 members, together with their families, went for a two-day trip to Malacca from 23-24 July 2022. The bonding was great since members had not come together since the advent of Covid-19.

Lunar New Year Get-together
After three years of Covid restrictions, the ushering in of the Year of the Rabbit to mark the Lunar New Year returned in full swing, with celebration at ECG on the seventh day of the first lunar month. This day, called Renri (Human Day), according to Chinese customs, was the day human beings were created and is considered to be the birthday of all humans.

It was a joyous evening with exciting games, lucky draw, oranges, attractive prizes, and a sumptuous buffet dinner. ECG expressed appreciation to all donors, well-wishers, volunteers, and members for making this event possible.
EXCHANGE PROGRAMME IN BANGKOK, THAILAND

REPORT ON ECG EPILEPSY EXCHANGE PROGRAMME IN BANGKOK
By Goh Keng Hwee

As Thailand was getting all set to kick off its new year and celebrate Songkran, with the mercury hitting almost 40 deg C in Bangkok, some members of Epilepsy Care Group (Singapore) met their Thai counterparts at Queen Sirikit Children Hospital on 10 April 2023 in a first-ever exchange programme with the Epilepsy Bureau of Thailand (EBT) and the Epilepsy Society of Thailand (EST).

The programme was initiated by Epilepsy Care Group (Singapore) (ECG) to help build the capacity of epilepsy-patient support of the two countries, through information on model programs and best practices for collaboration. The meeting also provided a platform for rich cultural exchanges between Singapore and Thailand, forged by common identity in coping and involvement with epilepsy.

EST Secretary, Dr Kullasate Sakpichaisakul gave a warm welcome address to the delegates from ECG. Also joining in the welcome were Dr Chacrin Nabangchang, President of EST, and Prof Anannit Visudtibhan, President of EBT. This was followed by a brief introduction from everyone present.

The first session started with an overview of the epilepsy situation in Thailand. Both Dr Kullansate and ECG vice-president Diana Koh gave a presentation of ‘Enhancing access to epilepsy social care in response to the WHO’s IGAP.’

Following this, Patrick Soh, a board member of ECG and a caregiver gave a detailed outline on ‘Overcoming stigma of epilepsy in response to IGAP.’

After a short tea-break, Dr Kullasate, together with Dr Chacrin led a group discussion and the sharing of experiences was lively and candid.

Towards the end of the programme, the two epilepsy groups exchanged souvenirs, memento as a mark of friendship and look forward to future collaborations.

And that was the end of what for all of us had been an intensely interesting, useful experience. We all agreed on our gratitude to Sherman Goh and Dr Kullasate for the effort they put into organising this, to the speakers for their willingness to share their expertise, and to all persons with epilepsy and their caregivers, without which this exchange will not be possible.
ECG would like to extend our gratitude to all donors for their generous giving and support. While we have taken great care to ensure accuracy of the list, we seek your kind understanding for any inadvertent omission on our part.

$50,000 plus
Kwan Im Thong Hood Cho Temple

$10,000 plus
The Shaw Foundation Pte

$5,000 plus
Shenship (Singapore) Pte Ltd
Tan Chin Tuan Foundation
Mr Tan Jack Boon

$1,000 plus
Mr Bindiganavilie Thirumale Narasimha
Mr Neo Kok Peng
Mr Tan Hong Beng

$900 plus
Dr Lim Kim Whee

$800 plus
Ms Diana Koh Hwee Hoon

$700 plus
Dr Choong Chew Thye
Mdm Rosalind Yan Foong Peng

$600 plus
Mr Jimmy Tan

$500 plus
Dr Ho King Hee
Ms Pallavi Malviya Gupta
Mdm Mary Yeo
DONORS HONOUR ROLL

$100 plus
Mr Kelvin Ang
Mr Ang Go Wan
Ms Bindu Nair
Ms Maggie Charn
Ms Alvonne Chong
Ms Chong Shu Yee
Ms Choo Xue Lian
Mr Goh Boon Chuan
Ms Ho Soek Keng
The late Mr Hong Ming Hean
Mr Hong Ming Khim
Mr Allan Howe An Loon
Mr Koh Chin Khoon
Ms Doreen Lye
Mr Mok Chee Keong
Mr Mok Yek Khuan
Mr Rajesh Pundalik Kamath
Mr Ravi Kumar
Mr Richards Christopher Brian
Mr Shubhrendu Chandrashekhar Khoche
Mrs Kerstin Eilean Bruce Stark
Ms Tan Poh Hoon
Mr Tan Wei Ming
Ms Nicole Teo Lay See
Ms Elynda Toh Bao Tian
Mr Vinakota Srikan
Ms Suzanne Wang Jinpei
Mr Wong Allan Chi Lun
Mr Wong Yan Seng

80 plus
Mr Ambalavan
Mdm Loh Hui Ting

70 plus
Ms Puah Si Ying

60 plus
Mr Chen Junjie
Mr Javern Sim Jun Yan
Mdm Tay Yang Leng

$50 plus
Ms Cayla Chan Xin Ru
Ms Cheong Seow Wei
Mdm Estelle Chia Sock Yi
Ms Mykle Gautham
Mr Gho Wie Min
Mr Joselito Samonte Iporac
Ms Joyce Koh Shee Oon
Mr Leong Choong Pak
Mr Leow Swee Chong
Mr Mohamed Masri Bin Khairuman
Mdm Ng Mui Leng
Outram Park Fried Kway Teow
Ms Pang Khee Shix
Mr Pang Yap Kean
Ms Poh Sin Hui
Ms S. Thara
Mr Yong Min Wai
Ms Lifang Zhu

90 plus
Mr Xavier Chua Heng Liang
Ms Por Yu Li
DONORS HONOUR ROLL

ECG Flag Day 2023 – 18 March 2023
Mr Ang Go Wan
Mr Chan Wen Ting
Mr Benjamin Chen
Ms Cheong Seow Wei
Mdm Estelle Chia Sock Yi
Mr Chiu Guo Chuyan
Ms Chong Shu Yee
Dr Choong Chew Thye
Mr Gho Wie Min
Mr Goh Keng Hwee
The late Mr Hong Ming Hean
Mr Allan Howe An Loon
Mr Koh Chin Khoon
Ms Diana Koh Hwee Hoon
Dr Leong Wei Shin
Dr Lim Kim Whee
Ms Mar Oo
Mr Mok Yek Khuan
Mr Neo Kok Peng
Ms Pallavi Malviya Gupta
Mr Poh Kay Yong
Mr Richards Christopher Brian
Ms S. Thara
Mr Tan Hui Meng
Mr Jimmy Tan
Mdm Tan Poh Choo
Ms Tan Siew Lin
Mdm Tay Yang Leng
Dr Harry Teoh Jian Hung
Mdm Rosalind Yan Foong Peng
Mdm Mary Yeo
Asiatic Engineering Pte Ltd

ECG Virtual Flag Day – 3 June to 31 Aug 2022
Mr Anand Nalachandran
Mr Duncan Chew Chin Chong
Mr Chiu Guo Chuyan
Dr Choong Chew Thye
Mr Xavier Chua Heng Liang
Mr Goh Keng Hwee
Ms Goi Ming Ying
Dr Ho King Hee
Mr Hong Ming Khim
Mdm Alice Koh Gek Choo
Ms Diana Koh Hwee Hoon
Ms Joyce Koh Shee Oon
Mr Colin Lee Fook Kok
Dr Lim Kim Whee
Mr Mok Yek Khuan
Mr Mohamed Masri Bin Khairuman
Mr Neo Kok Peng
Ms Ong Hui Qing
Mr Pang Yap Kean
Ms Por Yu Li
Mr Rajesh Pundalik Kamath
Mr Jimmy Tan
Mr Tan Hong Beng
Mr Tan Hui Meng
Mdm Tay Yang Leng
Ms Suzanne Wang Jinpei
Ms Wong Ann Gnee
Mdm Rosalind Yan Foong Peng
Mdm Mary Yeo
Ms Yue Yeang Peng
Shenship (Singapore) Pte Ltd
DONORS HONOUR ROLL

PJ Day for Epilepsy
Ms Alvonne Chong
Ms Sally Elizabeth Howells
Ms Joanne
Mrs Kerstin Eilean Bruce Stark

50 Million Steps – 1 Jan to 13 Feb 2023
Ms Cayla Chan Xin Ru
Ms Choo Xue Lian
Ms Lim Mei Ling
Mdm Ng Mui Leng
Ms Por Yu Li
Mdm Tay Yang Leng

.....and numerous other generous donors who prefer to remain anonymous

Note: In compliance with Regulation 8(I) (c) of the Charities (Institutions of a Public Character) Regulations 2007 on Duty to Donors, consent has been sought from the above donors to be acknowledged for their monetary contributions.
MISSION STATEMENT
We seek to promote awareness, concerning epilepsy and to provide epilepsy related education and counselling to persons with epilepsy, their family members and to the public.

PHILOSOPHY
Persons with epilepsy should be treated as a group of persons who have an illness but who, for the most part can lead normal, productive and fulfilling lives. They should be able to say ‘I have epilepsy’ without being rejected or discriminated against.

OBJECTIVES
· To educate persons with epilepsy, their caregivers and the public about epilepsy.
· To provide opportunities and activities for meaningful social integration for persons with epilepsy and their caregivers.
· To advance the cause and interests of persons with epilepsy in Singapore.
· To provide social and emotional support for persons with epilepsy.